SCHOOLYARD RAIN GARDENS

How to Design, Build and Maintain a Rain Garden Classroom Lessons for Second through Sixth Grades



2nd and 3rd graders planting a rain garden | Spring 2017 | Photo credit: Linda Prieskorn

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PART 1: SCHOOLYARD RAIN GARDEN ESSENTIALS



Completed Rain Garden at Pattengill Elementary, Fall 2017

INTRODUCTION

A rain garden is a shallow bowl-shaped garden that soaks rainwater into the ground and is full of native plants. It fills with the rain that falls on it – plus rainwater that runs off a hard surface like a roof or a driveway. Water running off of hard surfaces picks up pollutants like phosphorus and nitrogen from fertilizers; bacteria from animal waste; oil, grease and heavy metals from cars, and just plain old "dirt" called sediment. Usually this dirty water ends up going down a stormdrain and straight into our creeks and rivers, unfiltered. By capturing the rain water in a garden, we are helping to filter the water clean by letting it slowly soak into the ground.

Rain gardens not only filter water, they also create great wildlife habitat and can reduce puddling. By building a rain garden at a school, it can be used as a teaching tool for lessons in plants, soils, habitats, the water cycle and more!

This manual was created by the Washtenaw County Water Resources staff with funding from the Community Foundation for Southeast Michigan. The manual aims to provide you with the information, lessons and expertise needed to build and care for a rain garden at your school.



Pattengill Elementary School teacher and students planting garden | photo by Kelly Cheladyn

TIMELINE

Project Plan

- funding (~\$1,000)
- decide on site & see if clay soil
- design
- make plant & supply list
- place orders
- onboard teachers

Classroom Lessons

- schedule dates
- get supplies and make copies
- teach lessons

Plan Workdays

- schedule digging workday for 3 hours on a day when parents can attend
 - recruit at least 20 volunteers
- schedule planting workday,
 1 hour per class and 2-3
 classrooms of about 28 students (set rain dates)

Prepare for Digging Workday

- call Miss Dig two weeks before digging day
- coordinate supply drop offs
- borrow tools
- mark rain garden site with string and stakes

Digging Workday

- dig shape of rain garden
- add in 2" compost & till into soil
- seed any bare areas where fill dirt was placed

Planting Workday

 spread the mulch, plant plugs and water with students

Ongoing Maintenance

- water during the first summer (2x/week for 1 hr)
- weed as needed (at least 2x/ year)



March September

April_____ September_

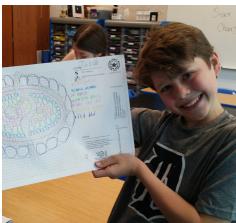
May____ October

<u>May</u> October

<u>May</u> October

Ongoing Ongoing









CHECKLIST

1.	Plan
	Funding:
	Timeline (spring or fall):
	Participating Teachers and/or Staff:
2.	Classroom Lessons
	 Lesson 1: Stormwater and the Water Cycle Lesson 2: Design a Rain Garden Lesson 3: Rain Garden Factsheet Copy best factsheets and give to all teachers and staff in school to communicate project
3.	Site Selection and Design
	Site: Clay Soils?: Yes or No
	Fill area location:
	Water source nearby? Yes or No
	□ Design □ Plant List □ Supply List
4.	Supply Order
	 Order compost, mulch, grass seed and soil erosion blanket Coordinate additional tools: hose, water key, shovels, gloves, rototiller, rakes, wheelbarrows, buckets, etc.
	Contact person for delivery:
	Location for delivery:
	Plants will likely need to be cared for between the time of delivery and the planting day.
	Plant caretaker and day of transporter:
5.	Digging Workday
	 Before workday, stake out shape of rain garden with small stakes and string or flour. Recruit 20 adult volunteers for 3 hours. Set a rain date.
	Date and time:
	Volunteer coordinator:
	School waiver of liability? Yes or No

Digging Workday Tasks:

- Remove turf grass and set to the side
- Dig rain garden shape at a depth of 5-8 inches
- Move extra dirt to create berm or to fill site

Spread 2 inches of compost into rain garden and rototill

 \square plants

□ turf grass seed

□ soil erosion blanket

Transplant turf grass on top of fill dirt and/or scatter grass seed over bare dirt. If using seed, spread soil erosion fabric over fill dirt and secure with wooden stakes.

6. Planting Workday

7.

,												
Two – three classrooms of about 25 students will be needed to pla working. Before the students arrive, use string and stakes to rope o be planted.												
Classroom coordinator:												
□ Recruit 3 or 4 adults to lead smaller groups of students: mulchers waterers	, plant preparers, planters and											
Planting Workday Tasks:												
 Fill buckets and wheelbarrows with mulch and spread throughout 2-4 inches. 	out the rain garden at a depth of											
 Some students can prepare the plant plugs by gently pulling th loosening the roots. They can then bring the plants to those dig garden. 												
 Some students will have small hand trowels which they will use to dig holes (about 6 inches deep) and then plant the plants. After the plant is in the hole, they need to put all the loose soil that was removed back into the hole and press down on the dirt so there aren't any air bubbles around the plant roots. 												
A few students can water the newly planted plugs.												
Ongoing Maintenance												
 Recruit parents, neighbors or staff to adopt the rain garden and during the growing season 	provide regular maintenance											
□ Organize a spring and/or fall workday with students												
Tod	ols											
	ape Measure											
	ape Measure ine Level											
	tring											
	Vood stakes											
C	hovels											
	Pakes											

□ Trowels

□ Wheelbarrows

LOCATING & MEASURING

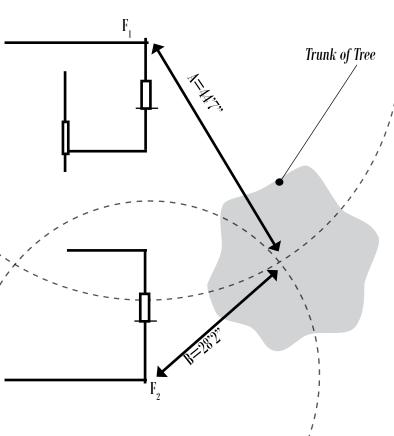
- 1) The garden must be at least 10 feet away from any building to prevent potential water seepage into the basement.
- 2) Select a naturally low spot that is flat or gently sloping and is downhill of the downspout. Avoid tree roots. Make sure overflow from the garden will go to a safe location, away from a building.
- 3) Do not place a rain garden over a septic tank, leach field or drinking water well.
- 4) Call Miss Dig at 811 at least three days before digging to avoid public pipes & utilities.
- 5) Avoid any private wiring or utilities such as driveway lights, sheds with electricity or lawn irrigation pipes.

Now that you have chosen a general location for the future rain garden, create a base plan that has all the elements that are currently on the site. This is so you can draw up a rain garden plan. Include the house, trees, fences, sheds and bed tines that are near the future rain garden in the base plan. Being able to draw the rain garden plan "to scale" on an accurate base plan will help accurately estimate quantities of plants, mulch & compost. It is handy!

- 1) First start with a piece of graph paper. Each square on the paper might equal one square foot in the real world, depending on the size of your / site. Make sure your graph paper is big enough to include your rain garden's location. To do that, go outside and measure the space. Count the number of squares across your paper and make sure the plan will fit on the paper.
- 2) Measure the distance between two fixed spots.' (Often, this is two corners of the house.) Draw them, on the graph paper to scale.
- 3) Start locating other objects in the yard (trees, fences, etc.) To do this, measure the difference between all the fixed spots. Sketch them in on the plan in an approximate location, and write down the distances to each of the fixed spots. For example, A=44'7"; B=28'2".

4) Go back inside and using a string or compass that is measured to length, triangulate the exact location of the objects on the plan. Use the graph paper squares to make the string the first length that you measured (\overline{A}). Holding one end of the string on the first fixed spot, draw a semi-circle with the other end. Make the string the distance to the other fixed spot (F_1). Holding one end of the string at the other fixed spot (F_2), draw a semi-circle that crosses the first. Where the two circles cross is the location of the object. Erase the approximate location, and re-draw it in the exact location.

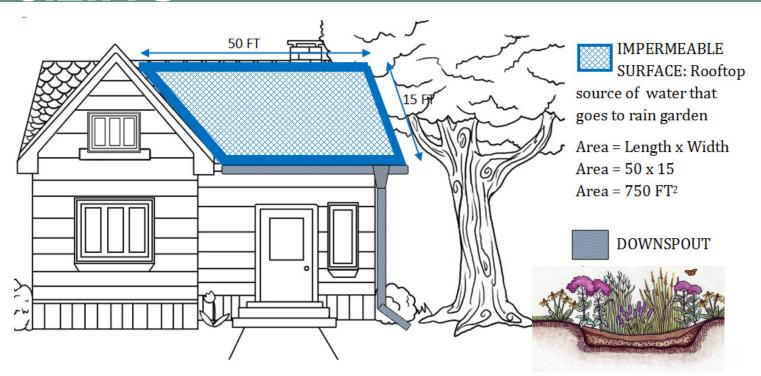
House



5. Repeat this process for fence ends, trees or other objects that will affect the location of the rain garden. Sketch in the approximate location of the future rain garden too. Now you have a base plan on which to draw the shape of the rain garden.

Activity courtesy of J. Hiss & N. Booth, (2002) "Residential Landscape Architecture" Design Process for the Private Residence. Prentice Hall.

SIZING



- 1) Measure the length and width of the impervious surfaces (roof or driveway) that will flow to your rain garden. Multiply length time width to find the area in square feet.
- 2) Design the garden to be 3-6" deep and 20-40% the size of the impervious surfaces.
- 3) To figure out the exact size of your rain garden, first test your soil permeability by digging a hole that is the width of your shovel and 18" deep. Fill with water, wait until dry. Fill the hole again with water and time the rate of infiltration.
- 4) If your hole drains within 24 hours, then you will want your rain garden to be 20% the size of your hard surfaces and the depth to be between 4 and 6 inches. If the hole takes longer than 24 hours to drain, size it at 40% your impermeable surface area and a depth of 3".

Time to Drain	Impermeable Multiplier	Depth in inches
within 24 hours	0.2	4-6
longer than 24 hours	0.4	3

5) Multiply the total area of impervious surfaces by 0.2 to find the area needed for a rain garden. If your hole takes longer than 24 hours to drain, then multiply by 0.4 to find the area needed for your rain garden.

Example

If impermeable surface draining into my rain garden is 750ft² and my test hole drains within 24 hours

$$750 \times .2 = 150 \text{ft}^2$$

My rain garden must be at least 150ft² & 4-6" deep. The dimensions could be 15'x10' or 5'x30'.

If there isn't enough space on your property for the needed area, or if long term maintenance isn't possible in such a large garden, it is acceptable to make the rain garden smaller.

6) Select a rainwater overflow outlet location for when the garden fills up and spills over. Make sure it flows away from any buildings and to a safe place.

You will have to dig your garden two inches deeper than the final elevation to allow for added compost.

DRAINAGE

With an Underground Pipe

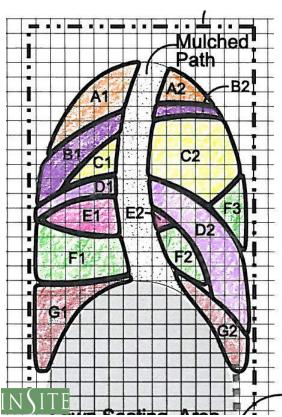
Sometimes it is necessary to direct water to the rain garden underground with a pipe.

- 1) Make sure to place the pipe at or above the top of the lower berm so that water won't sit in the pipe
- 2) Use a non-perforated pipe with a 4'' diameter to prevent clogging and keep up with heavier rains. The end of the pipe can end with a grate (shown) or with a pop-up
- 3) Place a few stones where the pipe outlets in the garden to reduce erosion

Over Land

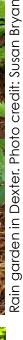
Water will run overland to your rain garden if a downhill channel has been created from your downspout to your rain garden

- 1) Often water will infiltrate into the ground while moving along the channel. Your drainage channel can be made of stones, native plants or simply be a lowered grassy pathway
- 2) Be careful when mowing near your channel



Piped



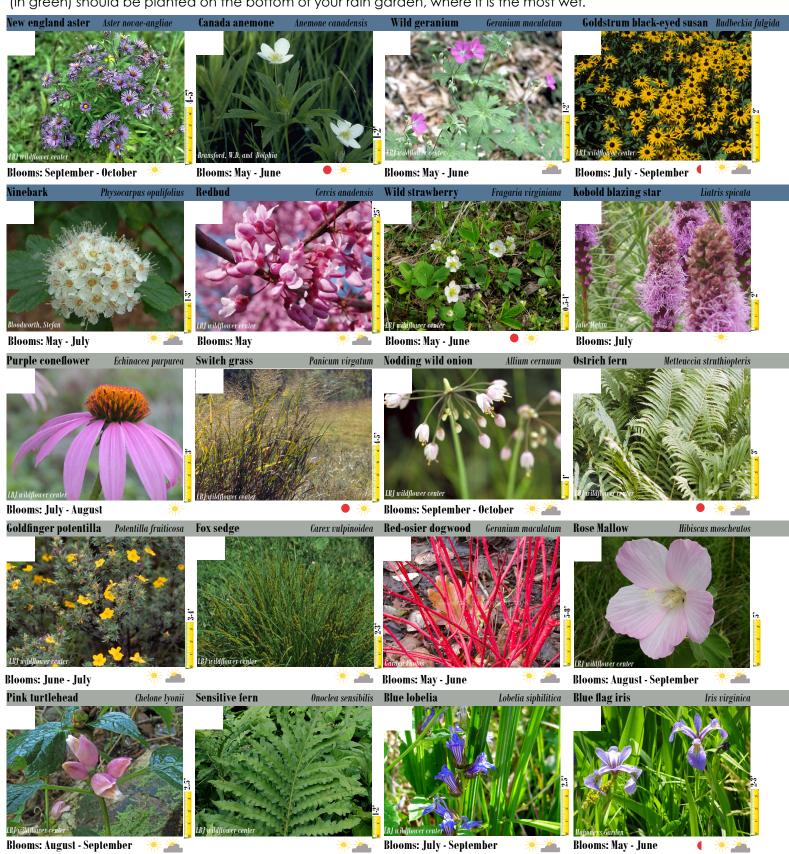




Design by Shannan Gibb Randall. Photo credit: Harry Sheehan

RECOMMENDED NATIVE PLANTS

These are the top twenty native Michigan plants used successfully in Washtenaw County rain gardens. The first two rows (in blue) should be planted on the sides of your rain garden, where it is the most dry. The bottom three rows (in green) should be planted on the bottom of your rain garden, where it is the most wet.



COMPOST & MULCH

You will dig the rain garden 2 inches deeper than the final intended depth. You will then add 2 inches of compost on the rain garden bottom & sides. You will cover that with 2 to 4 inches of hardwood shredded mulch.

Determine how much compost and mulch is required to cover the garden with the following calculation:

(A * 0.00617) = material in cubic yards

where A = area in square feet of garden

Area can be calculated by counting the squares on your base plan drawing. Calculation can be used for either compost or mulch material and is only for depths of 2".

For a 400 square foot rain garden:

400 * 0.00617 = 2.5 cubic yards of compost (spread 2" thick)

I typically spread 2 inches of compost, but 4 inches of mulch so I will need 2.5 cubic yards of compost and 5 cubic yards of mulch.





left: Eastern Michigan family housing rain garden | Photo credit: Shannan Gibb-Randall right: 5th graders spreading mulch at Holmes | Photo credit: Linda Prieskorn

DESIGN

- 1) Use the base plan you made to draw in the rain garden outline. Draw in the berm, if you are digging on a slope, on the downslope sides (see page 23 for more information). The berm can take up a surprising amount of room, especially on steeper sites. Make sure you will only be changing the grade of your property, not the grade of your neighbor's property.
- 2) Make sure there is at least ten feet of distance

between any structure with a basement to the rain garden to prevent water damage. Generally, the rain garden should be at least 2 feet away from the property line and shouldn't negatively impact your neighbor's property.

3) Make the garden a pleasing shape that goes with the rest of the garden.

- 4) Decide the form of water conveyance to the rain garden: overland swale or underground. Record the path and type of conveyance on the drawing.
- 5) Select plants. Plants for the sides and bottom of the rain garden should include those adapted to the extremes of wet and dry conditions. The berm should include plants adapted to dry conditions.
- See the suggested plant list on page 25.
- 6) Incorporate a diverse mix of sedges, rushes and grasses with your flowering plants. Consider the height, bloom time, sun requirements and color to create a varied garden.
- 7) Defined edges make a naturalized area look more deliberate. Label plants to ease identification during weeding.



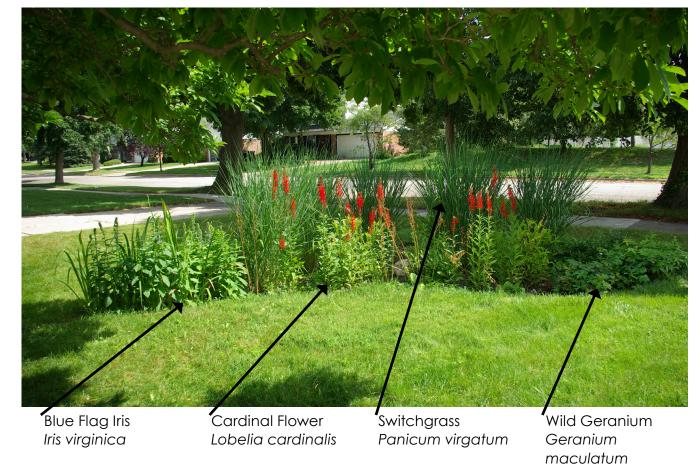


King Elementary School 5th graders planting the rain garden in the fall of 2017 Photo Credit: Linda Prieskorn

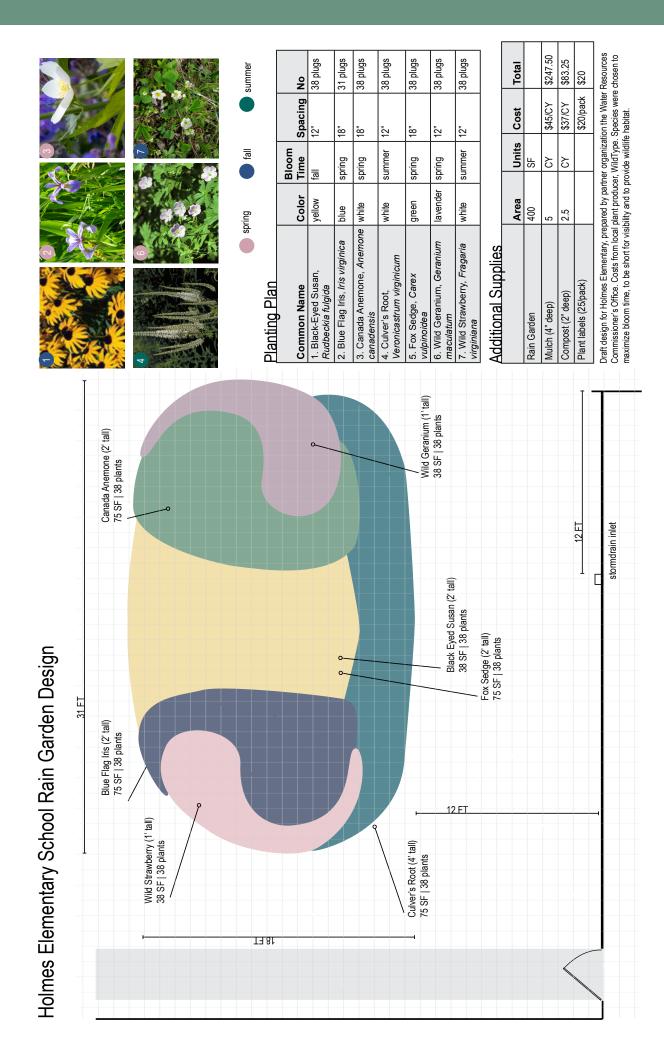
Sample: sun Miller Ave Rain Garden



Sample: shade Residential Rain Garden



Sample Design: Sun Holmes Elementary Schoolyard Rain Garden, Ypsilanti Michigan



Summers Knoll Schoolyard Rain Garden, Ann Arbor Michigan

Summers-Knoll Rain Garden Design School





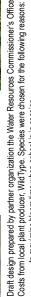












- rnize bloom time when school is in session ide varied texture, especially for special education students ide good habitat for butterflies and other species sh site conditions for soil (B), light (part sun), & local SE Michigan conditions

							-	
	Common Name	2010	Bloom Time	Space	cost	0 Z	lotal	
_	Blue flag iris, <i>Iris</i> virginica	plue	spring	18"	\$47.50/38 plugs	38 plugs	\$47.50	
7	Blue lobelia, <i>Lobelia</i> siphilitica	plue	fall	12"	\$47.50/38 plugs	38 plugs	\$47.50	
က	New England Aster, Aster novae- angliae	purple	fall	18"	\$42.56/38 plugs	38 plugs	\$42.56	
4	Obedient plant, Physostegia virginiana	pink	late summer	18"	\$47.50/38 plugs	38 plugs	\$47.50	
2	Porcupine sedge, Carex hystericina	n/a	n/a	18"	\$42.56/38 plugs	38 plugs	\$42.56	
9	Wild geranium, Geranium maculatum	purple	spring	12"	\$29/38	38 plugs	\$76	
_	7 Wild strawberry, Fragaria virginiana	white	spring	12"	\$47.50/38 plugs	38 plugs	\$47.50	

TOTAL | \$351.12

Supplies

		:		
	Area	Units Cost	Cost	lotal
Rain Garden	400	SF		
Mulch (4" deep)	2	չ	\$18/CY	06\$
Topsoil (2" deep)	2.5	СУ	\$18/CY	\$45
Delivery Fee				\$65
			TOTAL \$200	\$200

Total Cost: \$551.12

Costs from local pla	- fo maxim	to provide -	- to match	Planting Pl		1 Blue flag iris, <i>Ir</i> virginica	2 Blue lobelia, Los siphilitica	3 New England A Aster novae	angliae 4 Obedient plant,	Physostegia virginiana	5 Porcupine sedg	6 Wild geranium,	Geranium maculatum	7 Wild strawberry Fragaria virg		Additional 8		Rain Garden	Topsoil (2" deep)	Delivery Fee		
						nis	ıb əvidə	pq														
	Bunds	fall					BERM: Wild Strawberry (1' tall) 32 SF 38 plants		Zff	riest	3ff						Blue lobelia (2' tall) 20 SF 19 plants					
		Obedient Plant (3' tall)		75.SF 38 plants	31ft										0-0-		Blue lot Porcupine sedae (2' tall) 20 SF		19 lobelia plants			
		Naw and and actar (A' tall)	75 SF 38 plants Blue flac								7ft						Mild of the second by the little	Villa geranium (2 tan) 40 SF 38 plants	7ft		sidewalk	

PART 2: SCHOOLYARD RAIN GARDEN LESSONS



second graders from Cornerstone Elementary present their rain garden designs



Stormwater and the Water Cycle Lesson Plan

Created by the Washtenaw County Water Resources Commissioner's Office with funding in part from the Community Foundation for Southeast Michigan

SUPPLIES

- The Puddle Garden by Jared Rosenbaum
- Use worksheet one for grades 2-4th and two for 5 and 6th
- Game dice, taped together or taped onto wooden blocks
- Labels for each station

BACKGROUND

- Read the book, <u>The Puddle Garden</u> and then talk about how rain gardens create a home for plants and animals. They also help stop puddling because they hold stormwater in place so it can go down into the soil, or up into plants
- Draw parts of the water cycle on the board (see example on next page) and talk about how water moves through each part: cloud, Bird Hills, Huron River, rain garden, plant, animal, groundwater. Explain groundwater in depth, and make sure to say water that travels through the ground gets cleaned.

WATER CYCLE GAME

Place each station label and dice on desks around the room. Note the small corner label on each dice, ie: "1. drain" is round one, drain station.

Rules

Each student is a droplet of water, working in groups of two or three. There are two rounds and during each round you will visit 8 stations. You'll start at the station that I send you to. First write your names and the name of your station on your paper. Then roll the dice at your station and read what it says. Follow the dice's directions to go to the next station. Write down that station on your paper, and all the next stations that you visit. Demo a few rounds. Then send the students in groups to different stations.

Round One

- After they have completed round one, have them all come back to the carpet and share. Use all of their water cycle journeys to draw arrows and show one water cycle on the board. Promptraise your hand if you went to the cloud. Tell me, where did you go next? (mountain) Raise your hand if you went to the mountain. Where did you go next?
- Ask where they went after they landed in the stormdrain (only to the river). Have one student get the stormdrain dice and read all of the sides, which will all say Huron River. Why did I make that dice say only Huron River? Because all water that lands in the drain flows directly to the river.
- Add a road, house and stormdrain to the drawing and talk about why drains might be a good thing or not.

Good: stops flooding in road and/or houses

OBJECTIVE

cycle

Learn the role of

stormwater and rain

gardens in the water

GRADE LEVEL (GL)

2nd through 6th grade

- Bad: trash, fertilizer, pesticides, dirt, leaves, etc. can be washed directly into the river which hurts the fish and other animals Prompt- how can we stop water from rushing into the stormdrain? By building a rain garden
- (which they learned from the book). Brainstorm ideas of why rain gardens might be helpful?

 Draw in a rain garden, then say that in round two we will replace the stormdrain with a rain garden. Have the students help exchange the dice for round two, and change the rain garden sign to a stormdrain sign. Play round 2!

Round Two

- After round two draw a second water cycle journey like you did for round one. Ask the class where they went when they landed in the storm drain (river). Ask them where they went when they landed in the rain garden during round two. Many options: bird, plant, cloud, groundwater.
- Do you think that is a good thing? Why?
- Is it better for raindrops to land in rain gardens or in stormdrains? Why and why not?
- Have students answer the three questions at the bottom of their worksheet. When discussing the last question, take home messages include:

Rain gardens help stop puddling, make a home for plants and animals, and let water get cleaned up by going into the ground.

Stormdrains help stop flooding, but they stop the water droplets from going through the whole water cycle which means animals and plants can't use it.



Stormwater and the Water Cycle Lesson Plan- CONTAMINATION ADDITION

Created by the Washtenaw County Water Resources Commissioner's Office with funding in part from the Community Foundation for Southeast Michigan

CONTAMINATION ADDITION

ADDITIONAL SUPPLIES

- Small pieces of colored paper cut into 1/2 inch squares. Cut about 100 pieces of red and 100 pieces of yellow
- Use worksheet two

ADDITIONAL RULES

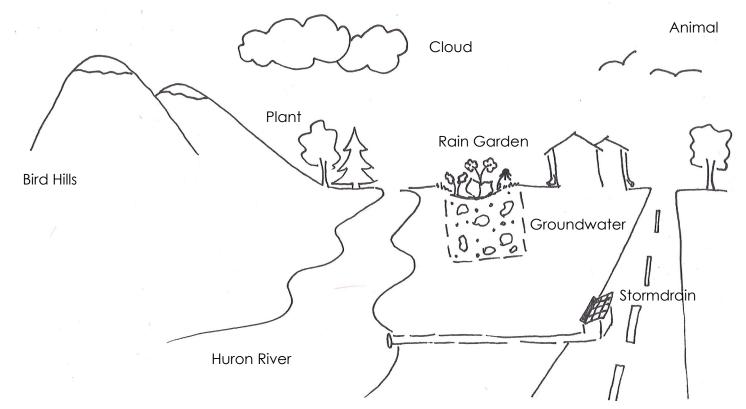
- Explain the additional rules of the game. Say there is an e-coli spill in the stormdrain for round one and the rain garden for round two (from a raccoon family!). There is a sediment spill (erosion from wind/water makes dirt come loose) on Bird Hills. Drop colored papers at each station. Red can be e-coli and yellow can be sediment. Each group will take 8 sediment particles (yellow) and/or 8 e-coli particles (red) when you arrive at the spill site and drop two off at the next 4 stations. If you have any left when your round is finished, leave them all at the last station.

Round One

- During each round, the facilitator should pick up all contaminants in the groundwater station because they are being 'cleaned' out by microbes
- After round one, talk about how important this is for keeping our water clean
- Have a student count up the number of contaminants in the river and record it on the board. Students should also record it on their worksheets

Round Two

- Prompt- do you think there will be more contaminants overall in the first round or the second round?
- There should be less contamination in the river after the second round because the rain garden is allowing stormwater to infiltrate into the ground where it will get cleaned up



OBJECTIVE

Learn the role of stormwater and rain aardens in the water cycle. Learn how pollution can move through the water cycle.

GRADE LEVEL (GL) 5th and 6th grade

Stormwater and the Water Cycle worksheet one Croated by the Washtongw County Water Po

Created by the Washtenaw County Water Resources Commissioner's Office with funding in part from the Community Foundation for Southeast Michigan

Round 2:

GL 2-4

			GL Z
Names:			
11U111 C 3.			

You are a droplet of water! Start at one of the stations posted around the room. Write down what station you are at on the first line below. Roll the dice at your station. Follow the directions to know what station to go to next. Write down each station that you visit in the lines below. For round one, once you have gone to 8 stations, sit down. As a class, we will record one water cycle. We will then play round two the same way.

	1
	3
	4
	5
	6
	_
	8
	following questions. Write down your answers. If you go when you landed in the stormdrain?
1. In Round 1, where did	
1. In Round 1, where did 2. In Round 2, where did ——————————————————————————————————	d you go when you landed in the stormdrain?
1. In Round 1, where did 2. In Round 2, where did	d you go when you landed in the stormdrain? d you go when you landed in the rain garden?
1. In Round 1, where did 2. In Round 2, where did	d you go when you landed in the stormdrain? d you go when you landed in the rain garden?
1. In Round 1, where did 2. In Round 2, where did	d you go when you landed in the stormdrain? d you go when you landed in the rain garden?

Round 1:

Stormwater, Contamination and the Water Cycle worksheet two Created by the Washtenaw County Water Resources Commissioner's Office with funding in part from the Community Foundation for Southeast Michigan

GL 5-6

Names:

You are a droplet of water! Start at one of the stations posted around the room. Write down what station you are at on the first line below. Roll the dice at your station. Follow the directions to know what station to go to next. Write down each station that you visit in the lines below. Pick up 8 sediment particles (red) and/or 8 E Coli particles (yellow) when you arrive at the spill and drop two off at the next 4 stations. If you have any left after 8 rounds, leave them all at the last station. Once you have completed your first round, sit down. As a class, we will record the number of E Coli and sediment for each round.

Round 1:	Round 2:
2	2
3	3
4	4
5	
6	6
7	7
8	8
Huron River e-coli	Huron River e-coli
sediment	sediment
ssion Questions:	
1. In Round 1, where did you	go when you landed in the stormdrain? Why is that?
2. In Round 2, where did you	go when you landed in the rain garden?
3. As a rain drop, would you	rather land in a stormdrain or in a rain garden? Why?
4. Did the amounts of e-coli of	and sediment in the Huron River change between the rour



Design a Rain Garden Lesson Plan

Southeast Michigan Created by the Washtenaw County Water Resources Commisisoner's Office with funding in part from the Community Foundation for

OBJECTIVE

Learn how rain gardens work and how to design one

GRADE LEVEL (GL)

2nd through 6th grade

SUPPLIES

- Teenage Rain Drop comic strip by David Zinn
- Use worksheet one for 2-5th grades and worksheet two for 6th grade

BACKGROUND

- and helps the animals and plants. - Read a <u>Teenage Rain Drop</u> and talk about how a rain garden will help clean stormwater, reduce puddling
- components are that the garden is bowl shaped to hold water and has a layer of compost and mulch at - Draw a rain garden sideview on the whiteboard and talk about the structure of a garden. Main



DESIGN LESSON

Draw a Rain Garden Shape

Then find the length and the width of the widest and longest part of the rain garden by counting the squares on the graph paper (1 square = 1 foot). This is helpful for when you - The first step is to draw a rain garden shape from a bird's eye view. It can be any shape build the rain garden outside

Choose and Draw the Plants

- guide and see the examples for each plant spacing on the "Recommended Native Plants" page. of your plant, then the center of the next closest plant and then make each plant as big of a circle as possible. Use the grids as a picture. That is how many feet should be between the center of one plant and the center of the next closest plant. Draw the center animal companions and that it is good to have a diversity of heights, bloom times, etc. Note the "feet on center" below each - Explain the "Recommended Native Plants" page and note that some plants have
- Draw each plant species in a different color. Then code each species on the worksheet so anyone looking at your design will know what each color represents

resent

- invite a few students to present their rain garden designs in front of the class in the last 5-10 minutes of class

6th GRADE ADDITION

-aerial map of house and yard. include contour lines, soil type and square footage of roof. mapwashtenaw.ewashtenaw.org

ADDITIONAL COMPONENTS

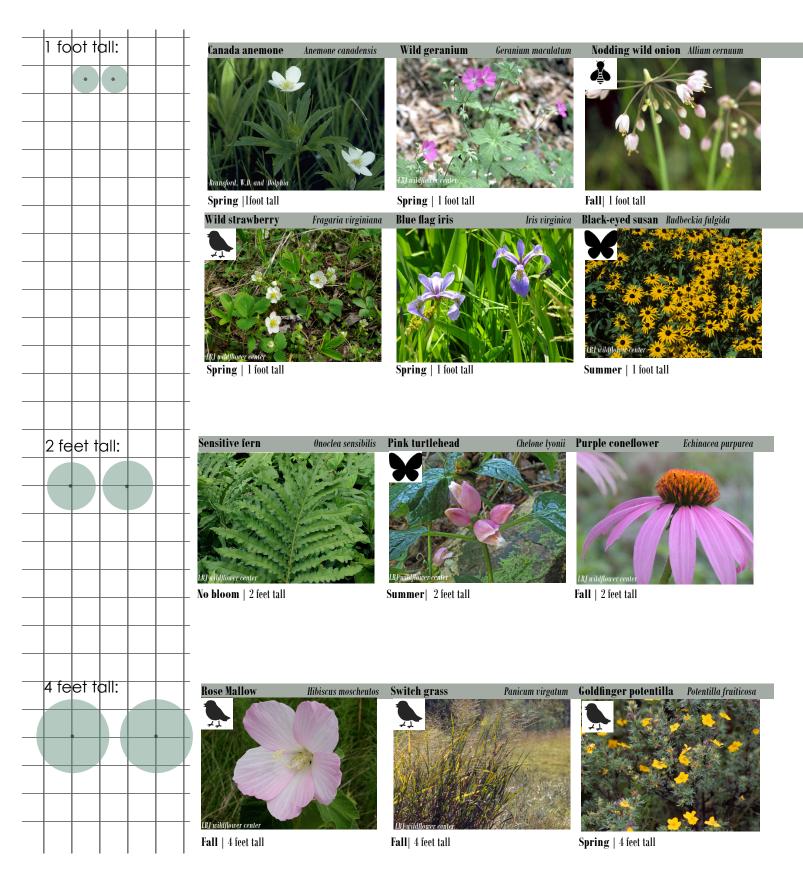
Follow directions on the worksheet to have students figure out their site characteristics based on the aerial image.

Total Number of Plants:					color Plant Name of plants	plant species and write it down below. Label each plant by	4. How many plants will you need? Count the number of each	circle that covers about 1 square foot (one box).	3. Draw your plants into your rain garden. Note how tall your plant as a	אווו מ ימופיץ טי כטטי, טוסטיו וווופ מומ מיוווומו כטווףמיווטוט.	2. Select the plants from the Native Plants page. Choose plants	How long is the rain garden?teet	How wide is your rain garden?feet	1. Draw a rain aarden shape. One sauare = 1 sauare foot.	Name:	Community Foundation for Southeast Michigan GL 2-3	
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RECOMMENDED NATIVE PLANTS

These are the top native Michigan plants used successfully in Washtenaw County rain gardens.

GL 2-3

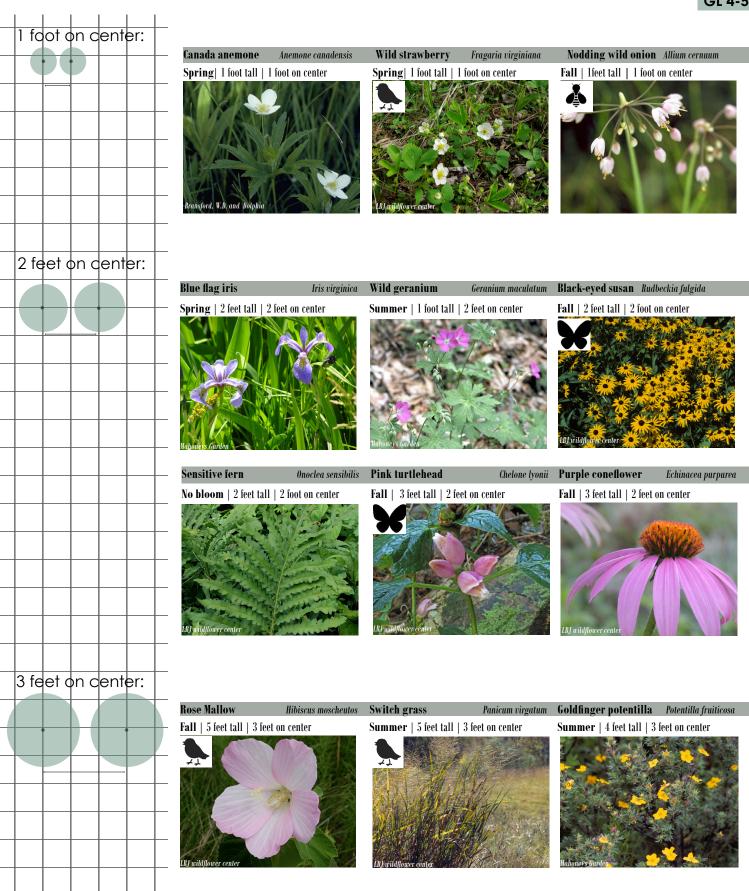




RECOMMENDED NATIVE PLANTS

These are the top native Michigan plants used successfully in Washtenaw County rain gardens.

GL 4-5



Design a Rain Garden



worksheet two Community Foundation for Southeast Michigan Created by the Washtenaw County Water Resources Commisisoner's Office with funding in part from the

			Name: Date:

 Determine your site characteristics based on the aerial map that you received. Look for nearby trees or buildings to find sun level. Sun level: (sun, part sun, etc) 	5. How many plants will you need? Count the number of each plant species and write it down below. Label each plant by their color.
Soil type: (clay, loam, sand)	color Plant Name, ie: Canada anemone of plants
Decide where your rain garden should be located on the map.Make sure all buildings are farther than 10 feet from your rain	
garden and that you maximize the amount of water that will flow	
into the rain garden. Use the contour lines on your aerial to figure out how water will flow. Draw your rain garden on the aerial map.	
 Calculate the size that your rain garden should be. If you have loam or sand soils, the rain garden should be 20% the size of the area draining into the garden (multiply by 0.2). If you have clay 	
soils, the rain garden should be 40% (multiply by 0.4) the size of the area draining into the garden.	
Area draining into rain garden: square feet Area of rain garden: square feet	
3. Draw your rain garden on graph paper and any nearby features, like sidewalks or buildings. Draw your garden to scale. 1 square is 1 square foot so if your garden is 400 square feet, there should be 400 squares in your rain garden. The shape of the	Total Number of Plants:
garden is up to you.	If plants cost \$2 each, how much will your rain garden plants cost?
4. Select your plants. Choose plants that will work for the sun level needed and have a variety of bloom times, heights and animal companions. Note how much space each plant needs. If it says	Total Cost of Plants:
companions. Note how much space each plant needs. If it says	

center of your plant and the center of the next plant. Draw plants

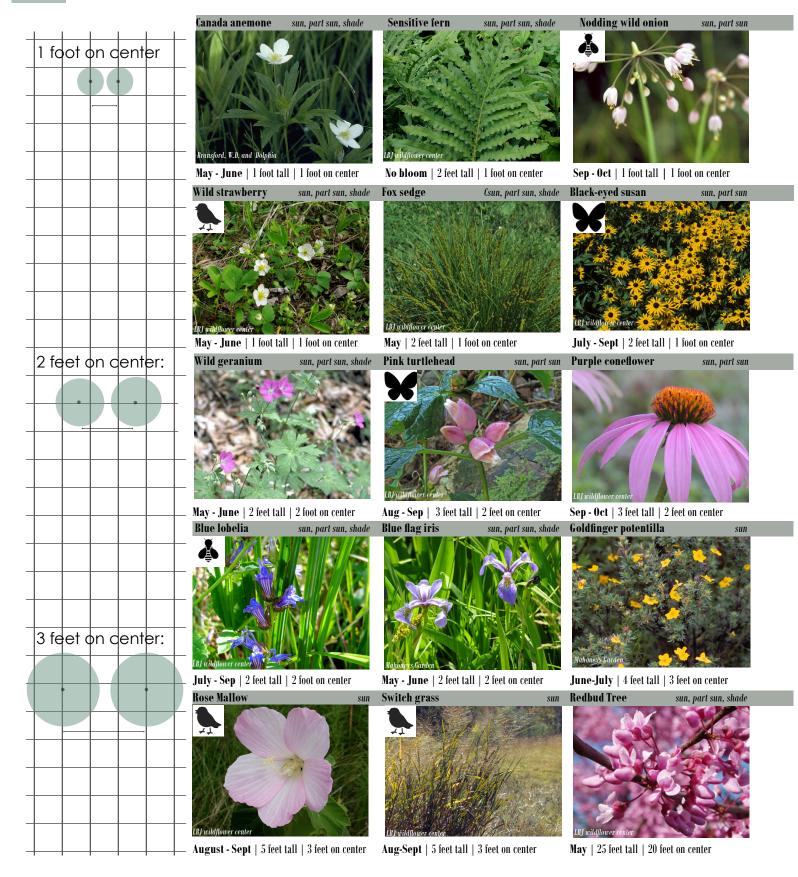
1.5 feet on center then there should be 1.5 feet between the

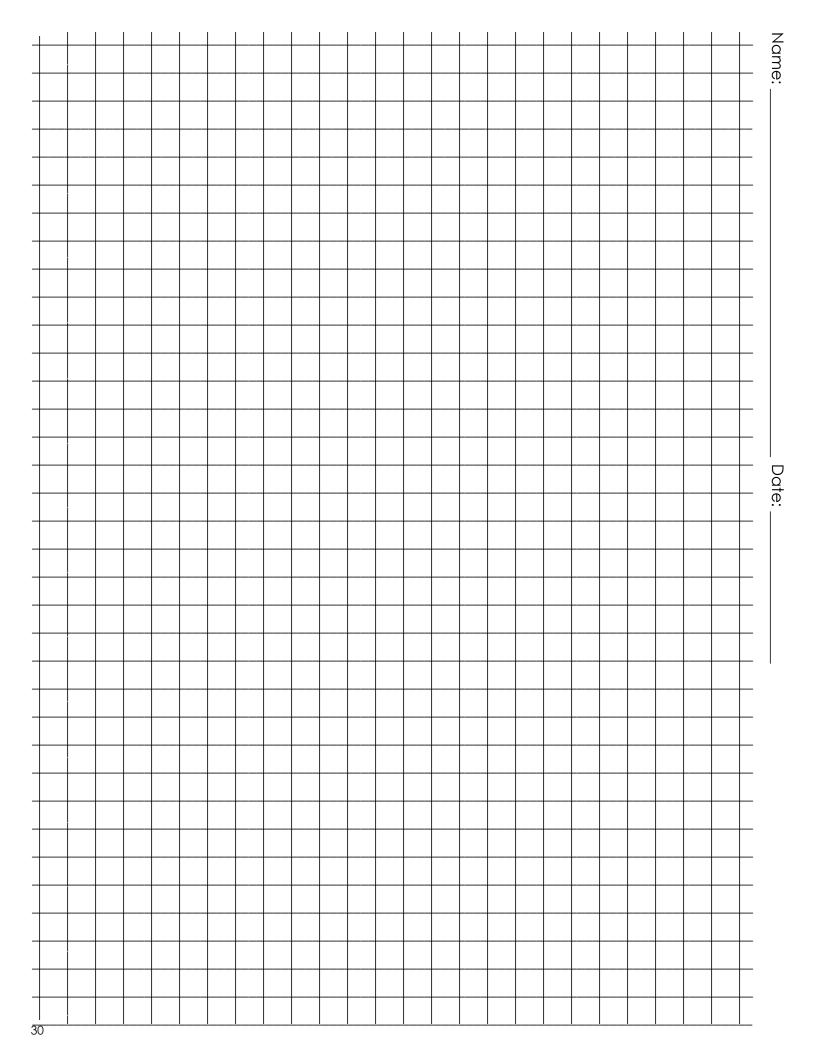
as circles and use the grid lines to guide you.

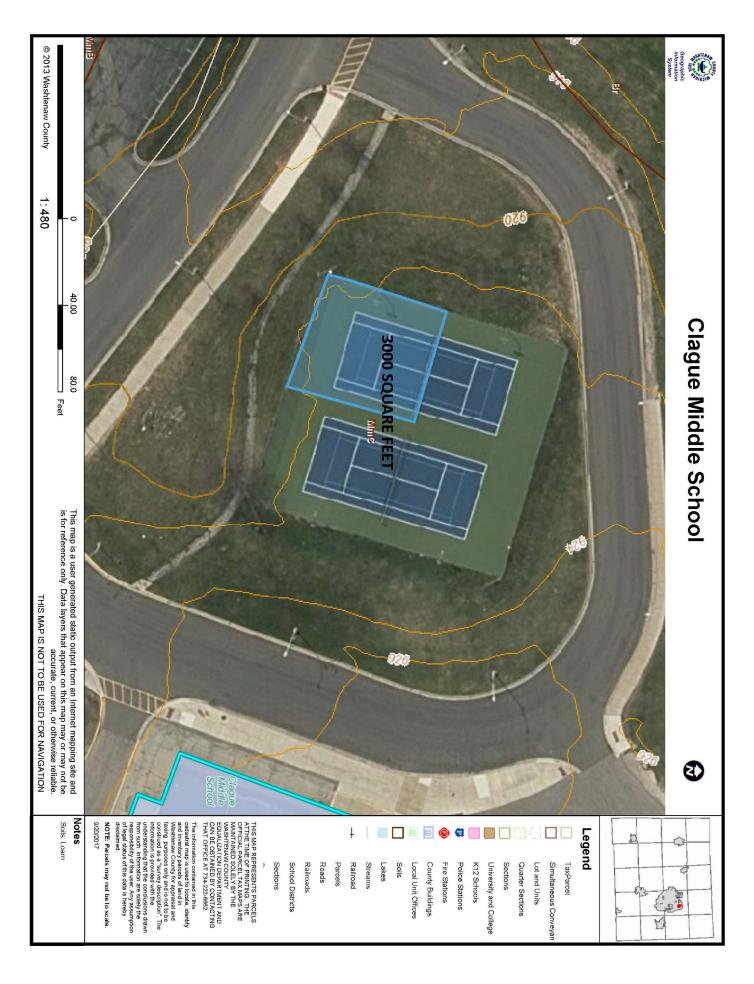
RECOMMENDED NATIVE PLANTS

These are the top native Michigan plants used successfully in Washtenaw County rain gardens.

GL 6







WATER ASSOURCES COMME

Rain Garden Project Factsheet Lesson Plan

Created by the Washtenaw County Water Resources Commissioner's Office with funding in part from the Community Foundation for Southeast Michigan

SUPPLIES

- Colored pencils or markers
- Worksheet
- Pencil or pen

OBJECTIVE

Summarize the main lessons learned about rain gardens

GRADE LEVEL (GL)2nd through 6th grade

BACKGROUND

- Students will answer the following questions on the worksheet and draw a side view diagram of a rain garden. Draw an example diagram, like on worksheet
- 1. Include labels for compost, mulch, plants and anything else that is included, like roots, animals, bees, etc.
- Brainstorm the answers to the following questions:
- 1) What is a rain garden?
 - Focus on the physical qualities of a rain garden it is bowl shaped so that it can capture and store stormwater
 - The garden has a flat bottom so that water can soak in evenly throughout the garden
 - There is a layer of compost (2 inches) and mulch (4 inches)
 - The whole garden is full of native plants with deep roots
- 2) Why are rain gardens important?

Clean Water

- Rain gardens capture and store stormwater which slows the water down and lets it soak into the ground
- When stormwater soaks into the ground, it gets cleaned up. Stormwater is usually full of pollutants like fertilizers, pesticides, oil, sediment, etc which it picks up as it moves along hard surfaces like roads and parking lots
- Stormwater gets clean because the soil below us is like a natural filter. There are micro-organisms in the soil that break down the pollutants
- Without rain gardens the dirty stormwater would usually go into the stormdrain and directly to the river, without ever being filtered. This can hurt the animals who live in the rivers, and us!

Habitat

Rain gardens are also full of native plants so are good habitat for birds, bees, insects, frogs, etc.

Reduce Puddling

- Rain gardens hold stormwater in one place so they can reduce puddling in or around the home
- 3) How can we care for our rain garden?
- Water during the first summer
- Weed regularly and remove trash
- Don't step on the plants
- Trim back plants in the winter
- Take the best factsheets and photocopy them for the school's staff so that they know what the new rain garden is all about!

Name	
	Schoolyard Rain Garden

Community Foundation

FOR SOUTHEAST MICHIGAN



The schoolyard rain garden project was coordinated by the Water Resources Commissioner's Office and funded by the Community Foundation for Southeast Michigan. For more information or to volunteer, contact Catie Wytychak at (734) 222-6813 or wytychakc@ewashtenaw.org.

PART 3: **BUILDING A RAIN GARDEN**



Digging demonstration at Summers-Knoll School, Spring 2017

SITE PREPARATION

- 1) Translate the dimensions of your rain garden onto the ground by first laying out tape measures that act like the grid paper
- 2) Add a flag garden border into the ground in the measured locations from your 'point of beginning'
- 3) Define the border with string or spray paint
- 4) On the planting day, string and stakes can also be used to divide up the rain garden into planting zones. Each class or group could be assigned to plant a certain species within a planting zone.

Students can do this exercise a day in advance to work on graphing and mapping skills







DIGGING WORKDAY

With a group of 20-30 adults, a 400 square foot rain garden can be hand dug in about 3 hours. Always call Miss Dig two weeks before the workday to make sure there are no underground utilities that could be impacted by digging about 8" deep. Schedule a rain date in case of inclement weather.

- 1) Remove the turf grass in squares with spades. Place squares directly into a wheelbarrow and then dump them into a pile near a low or bare area of the playground.
- 2) Dig the rain garden depth down to between 5 and 8 inches, depending on how deep you want water to pool. If you want water to pool at 3 inches (clay soils), then dig 5 inches. Sites with better soils can dig down to a maximum depth of 8 inches, to then have water pool at 6 inches. The bottom of the rain garden should be level. If the garden is on a slope, use the fill dirt to build a berm on the downhill side to hold the water like a bowl. Add a notch to the downslope berm for overflow water to go to a safe location. The notch will determine the water depth within the rain garden.
- 3) Move the remaining fill dirt into wheelbarrows and then spread it smoothly into low or bare areas of the playground. It is best to first rough up these bare spots with a rototiller or shovel. Lay the turf grass squares on top of the fill dirt, squeezing the squares as close together as possible. If there is bare soil, scatter grass seed and then roll out and pin a soil erosion blanket. Water thoroughly.
- 4) Use wheelbarrows and rakes to move the compost pile and then spread it smoothly to a depth of 2 inches. Rototill the compost into the native soil until it appears well mixed. If this does not happen then the soil can be too rich and damage the new plants. If topsoil is used, it also must be mixed thoroughly so that the new plant roots don't become 'stuck' in the good soil and never grow into the native soils.
- 5) If two classes or fewer will be planting the rain garden, have the volunteers spread the mulch over the compost. Use wheelbarrows and rakes to move the mulch pile and then spread it smoothly to a depth of 2 to 4 inches.

Site Preparation (for both digging & planting days) Design & plant list Tape Measure

☐ Line Level

□ String□ Wood stakes

Digging

□ Shovels

□ Rakes

□ Rototiller

Wheelbarrows

□ Tape Measure

☐ Line Level

□ String

☐ Wood stakes

Planting

 \square Shovels

□ Rakes

□ Trowels

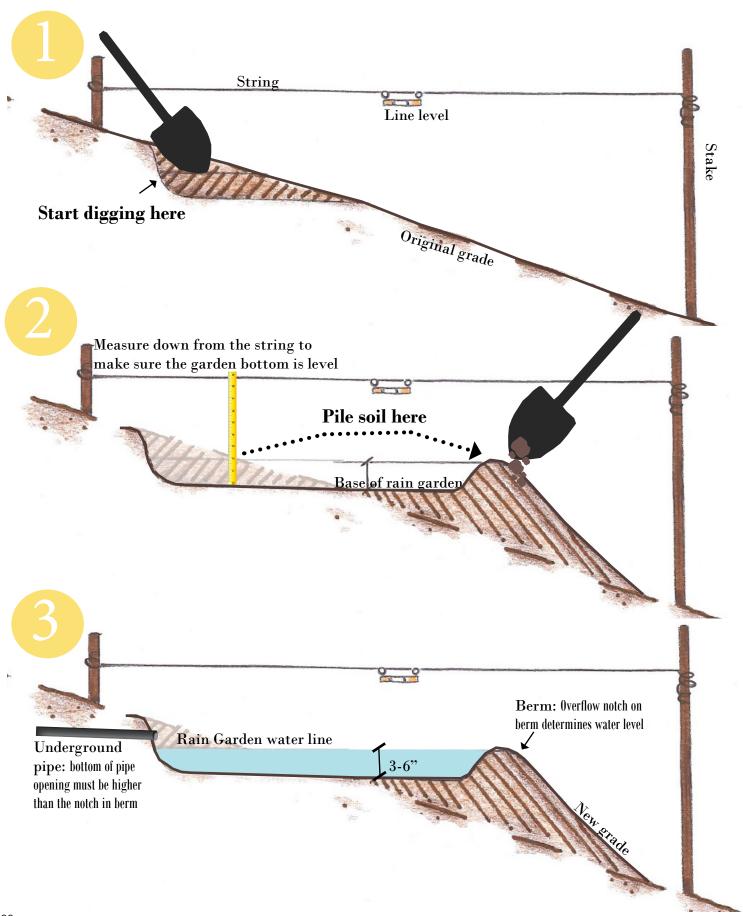
□ Wheelbarrows

□ Tape Measure

□ String

☐ Wood stakes

DIGGING ON A SLOPE



PLANTING WORKDAY



During the workday, first divide the students into different groups: plant preparers, planters and mulchers. If you only have two classes, it is better to mulch the rain garden during the digging workday. In this case, students will just plant and water.

Plant Preparers- carefully remove plant plug from plastic tray by squeezing around the bottom of the tube and gently pulling at the base of the stem. The tray should be held so that the plant is horizontal to the ground. Break apart the roots of the plant. In some cases, the plant will be so rootbound that you have to use a shovel to break apart the roots. If the roots are not torn apart and loosened, then the plant will not grow new roots when planted in the soil.

Planters- dig a hole that is about as deep as the plug. If the garden is already mulched, the mulch will need to be moved to the side into a pile. The soil moved out of the hole will also need to be made into a pile (to be used again). Place the plug upright into the hole. Fill in around the plug with the old soil, pressing down so that the plug is snug. Smooth the mulch around the plug.

Mulchers- spread mulch 2-4 inches thick throughout the rain garden. This can be done by all students at the beginning of the workday, or piece by piece by smaller groups each class. I find it easier to spread the mulch and then plant, but some prefer to plant and then spread mulch. Mulch is important in keeping weeds out and keeping water in. Mulch also slowly decomposes and adds nutrients into the soil. This group can also water each plug for about 5 second with a hose.

PART 3: MAINTAINING A RAIN GARDEN



students pulling weeds from a rain garden

WATERING & TRANSPLANTING

Watering- water over the first summer. If the garden was planted in the spring, water 1-2 times per week for about 1 hour each time (unless it rains) or 1 inch per week.

If planted in the fall, water 1 inch per week (unless it rains) through late October and in July and August of the following summer.

Test how wet the soil is by putting your pointer finger into the soil past your knuckle. If the soil is moist at that depth, then you don't need to water. When watering, about 25 gallons of water is needed for each 100 square feet of rain garden. This can change depending on the amount of sunlight received and soil types.

Transplanting- Replant in bare areas as needed. Large plants can be divided and transplanted to fill bare areas. Some plants that can be divided and transplanted include Blue Flag Iris, Canada Anemone, Switchgrass and Wild Strawberry.

When dividing these plants, a shovel can be used to dig up a section of the plant. Include about 6 inches of root and dirt when moving the plant. Dig a new hole for the plant that is large enough for the roots and old dirt. Make sure to press down around the new transplant to reduce the amount of air pockets in the soil.

Watering

- □ water key
- □ hose
- □ sprinkler

Transplanting

- □ shovels
- □ gloves
- □ wheelbarrows

Planting

- □ hand trowels
- □ gloves
- □ wheelbarrows

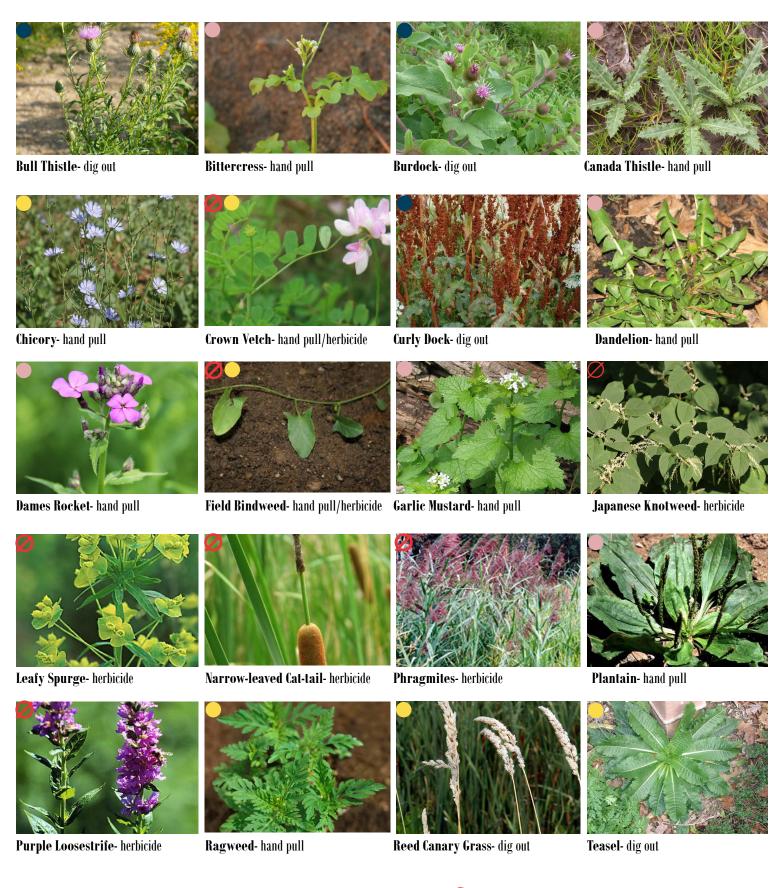




left: UM Ginsberg Center volunteers at Erickson above: Steward Frank planting shrubs at

Thurston Elementary School. Photo credit: Linda Prieskorn

Herbaceous plants colors indicate when plants should be targeted for removal



WEEDING (CONTINUED)







Spotted Knapweed- herbicide



Yellow & White Sweet Clover- cut



Queen Anne's Lace- hand pull

Woody plants

all woodies should be dug out or cut and herbicided by a certified applicator



Autumn Olive



Buckthorn



Honeysuckle



Oriental Bittersweet



Tree of Heaven





SEASONAL WORK

Spring- If leaves have accumulated to a depth of more than one foot, then they should be removed so that new plant growth is not suffocated. A controlled burn can be done in early spring, before there is too much green vegetation. This will encourage natives, reduce invasives and eliminate excess leaves.

Late spring is the best time to remove some invasives, see the previous pages for the species labeled in pink. Make sure to remove these invasives before their flowers go to seed and while they are still small.

Mulch can be added to gardens to reduce the amount of weeds. Leaves or cut standing dead vegetation can also be used as a natural (and free) mulch. If a garden is mulched with wood chips, it is not recommended that it be burned for 3 years. When a recently mulched garden is burned, the mulch can smolder and reignite for long periods of time.

If sediment has accumulated at the inlet of the rain garden, remove it with a shovel and dispose of it in a trash can. This sediment can not be composted because it has heavy metals in it.

During one volunteer workday, a 400 square foot rain garden can likely be weeded, mulched and leaves/ sediment can be removed with two or three classes of students.

Summer- If the rain garden is planted in the spring, it must be watered throughout the first summer (see previous page for watering instructions). During the second summer, the rain garden may need to be watered if there is no rain for more than one week. If the rain garden is planted in the fall, it must be watered during July and August of the following summer if there are periods of prolonged drought.





Throughout the summer, it is important to weed-see the previous page for species labeled in yellow. One visit every two weeks by a volunteer is sufficient.

Fall- If the rain garden is planted in the fall, it is important to check on the plugs after the first freeze/thaw to see if any plugs have popped out of the ground. If they have, plugs can be pushed back into the ground.

Cut back standing dead plants before winter and leave dead stalks on the ground to decompose. This is purely aesthetic. If you want to leave the standing dead plants as they are, that is no problem and can actually provide some habitat structure for wildlife.

The rain garden should be edged to create a clean perimeter and discourage turf grass from entering the garden. The easiest way to maintain a clean edge is to dig straight down along the perimeter of the garden with a flat shovel. Make sure that the bottom of your rain garden remains flat. See photos to the right.

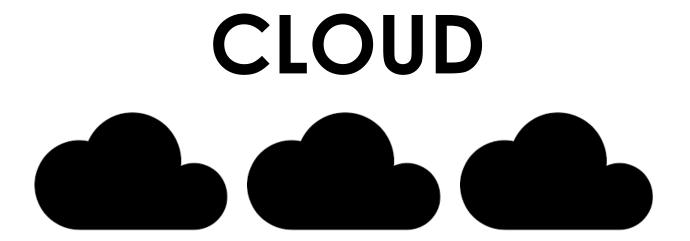
Early fall is the best time to remove some invasives, see the previous pages for the species labeled in blue. Make sure to remove these invasives before their flowers go to seed.

During one volunteer workday, a 400 square foot rain garden can likely be weeded, mulched, edged and the standing dead could be cut down with two or three classes of students.

APPENDIX: SUPPORTING MATERIALS



5th graders preparing plants with a Master Gardener volunteer | Spring 2017 Photo credit: Linda Prieskorn





GROUNDWATER







BIRD HILLS









STORMDRAIN







round one

PLANT









HURON RIVER







ANIMAL









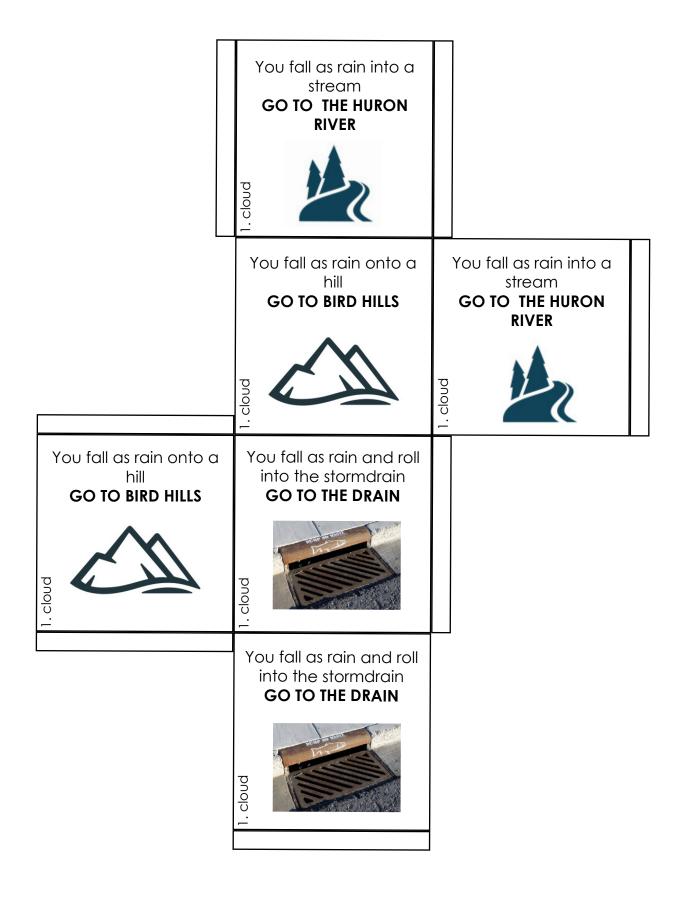
RAIN GARDEN

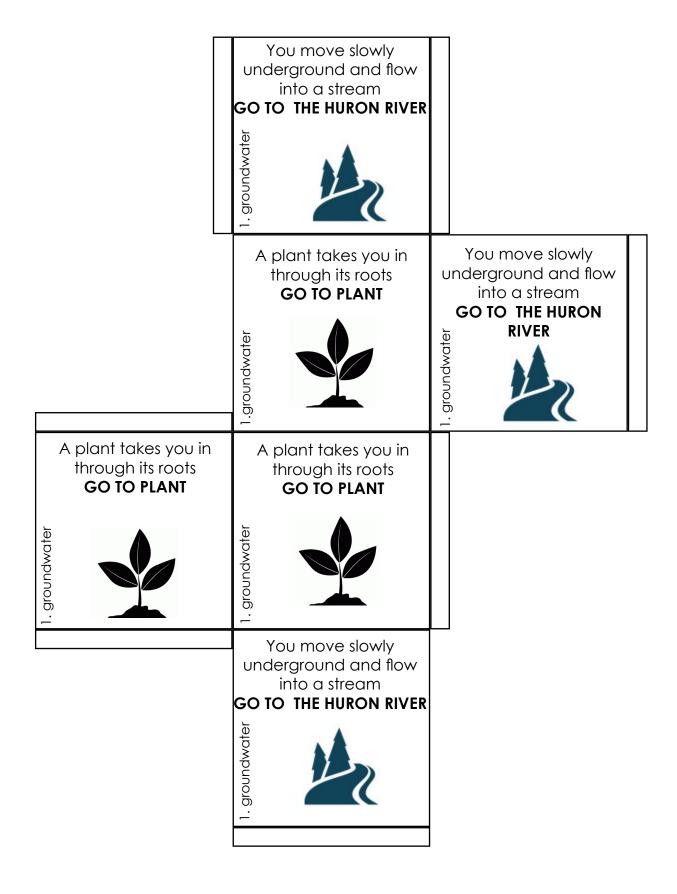


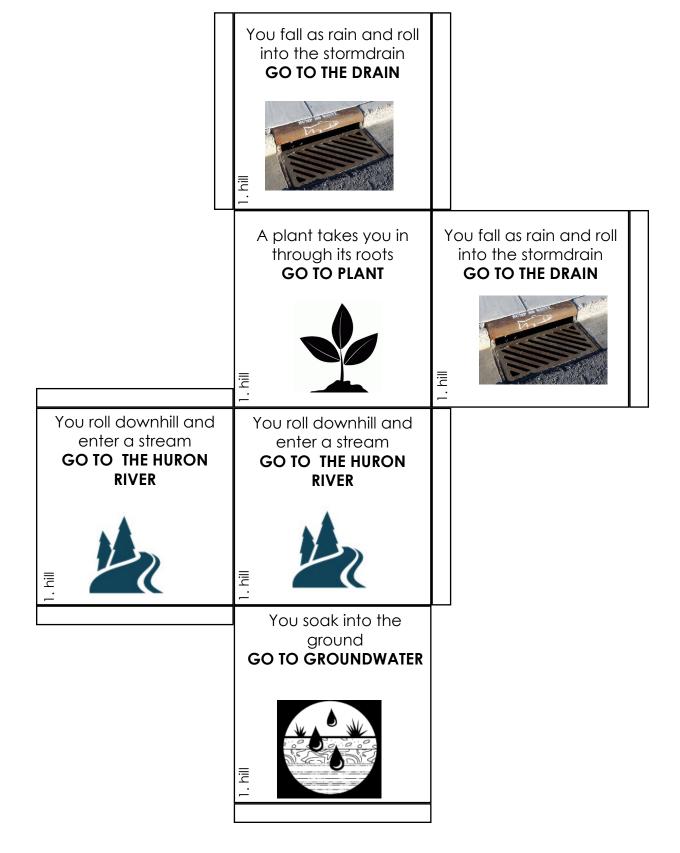


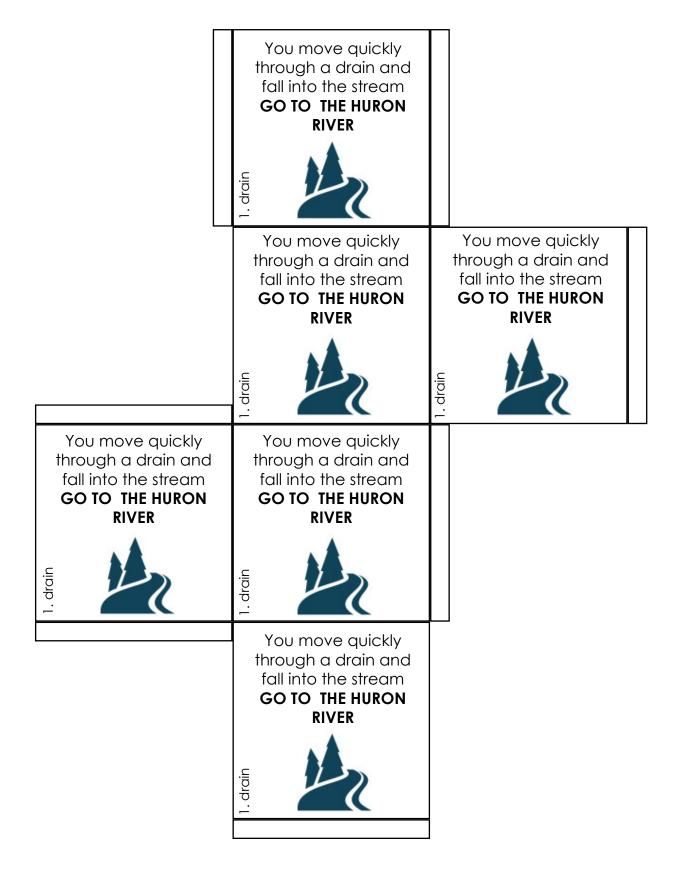


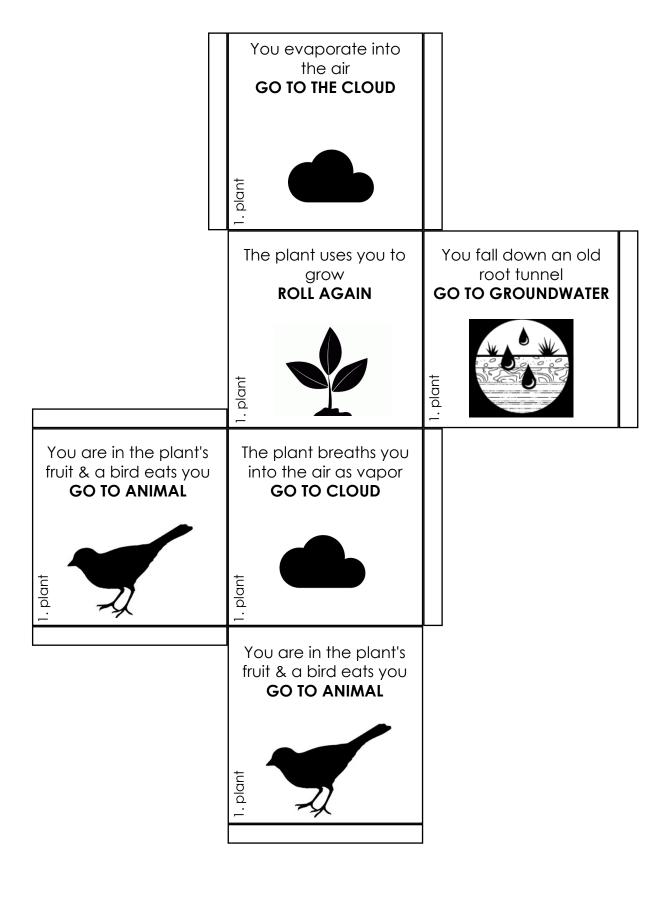
round two

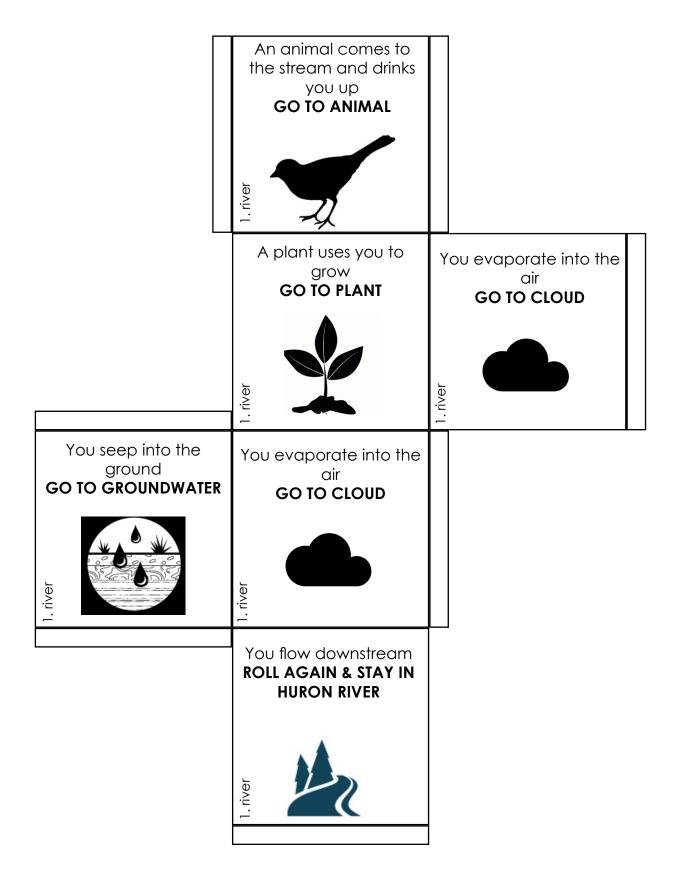












After drinking you, a bird pees and you end up in a stream

GO TO THE HURON RIVER

1. animal



After drinking you, a bird pees and you land on a hill

GO TO BIRD HILLS

You are exhaled from the bird's lungs into the air as vapor

GO TO THE CLOUD

1. animal



1. animal



After drinking you, a bird pees and you end up rolling into the stormdrain

GO TO THE DRAIN

l. animal



You are exhaled from the bird's lungs into the air as vapor

GO TO THE CLOUD

1. animal

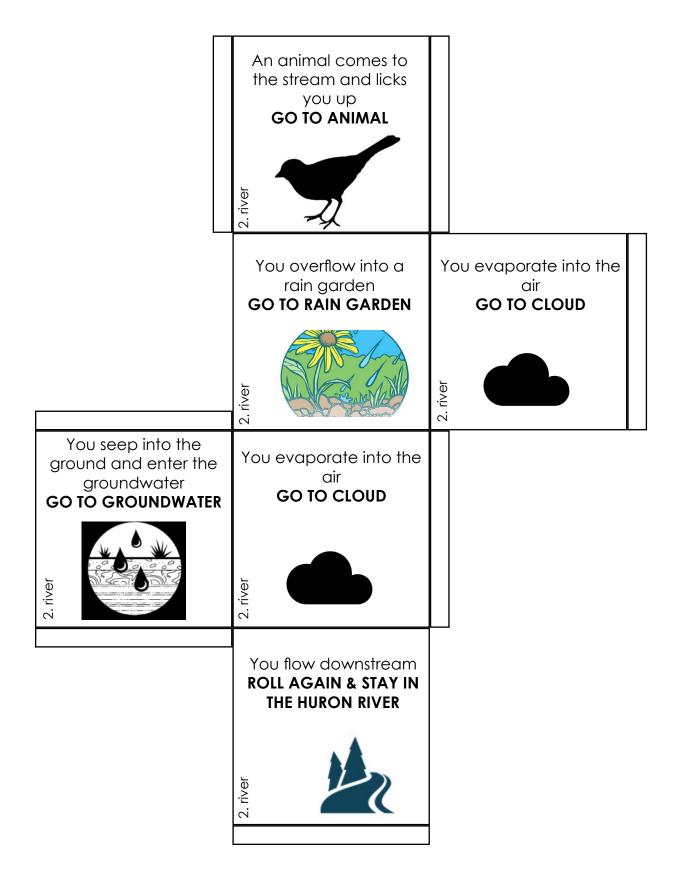


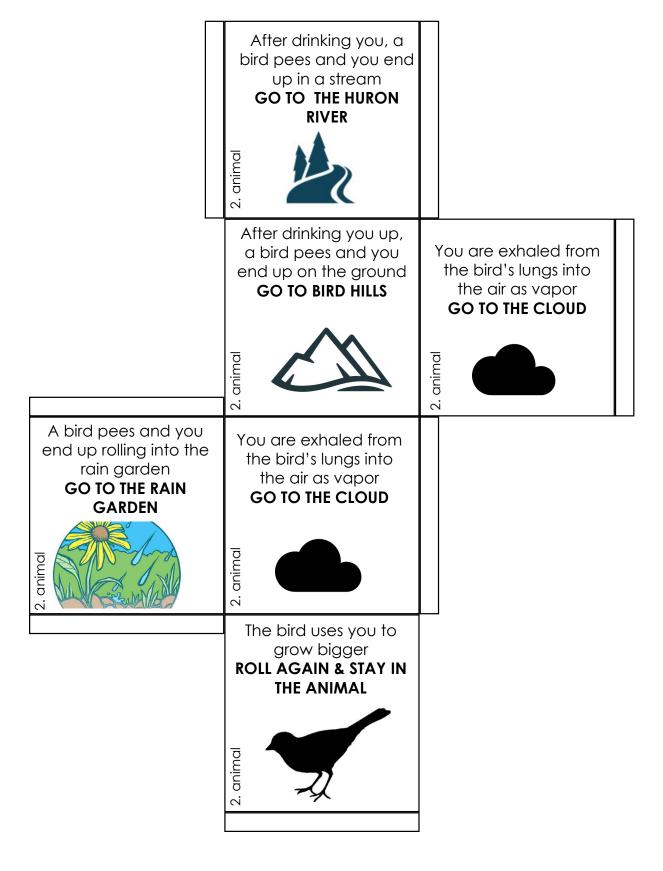
The bird uses you to grow bigger

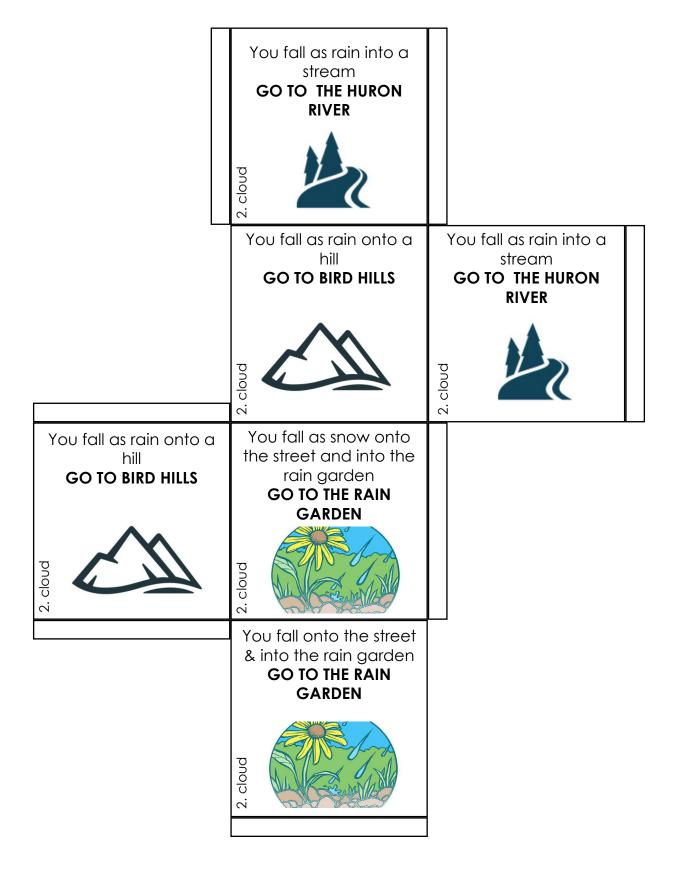
ROLL AGAIN & STAY IN ANIMAL

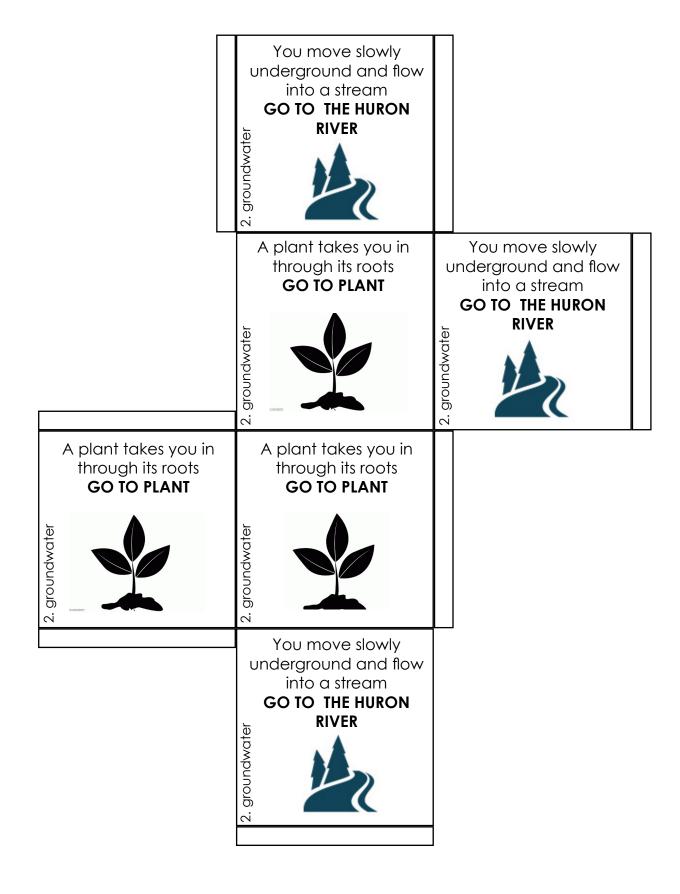
I. animal

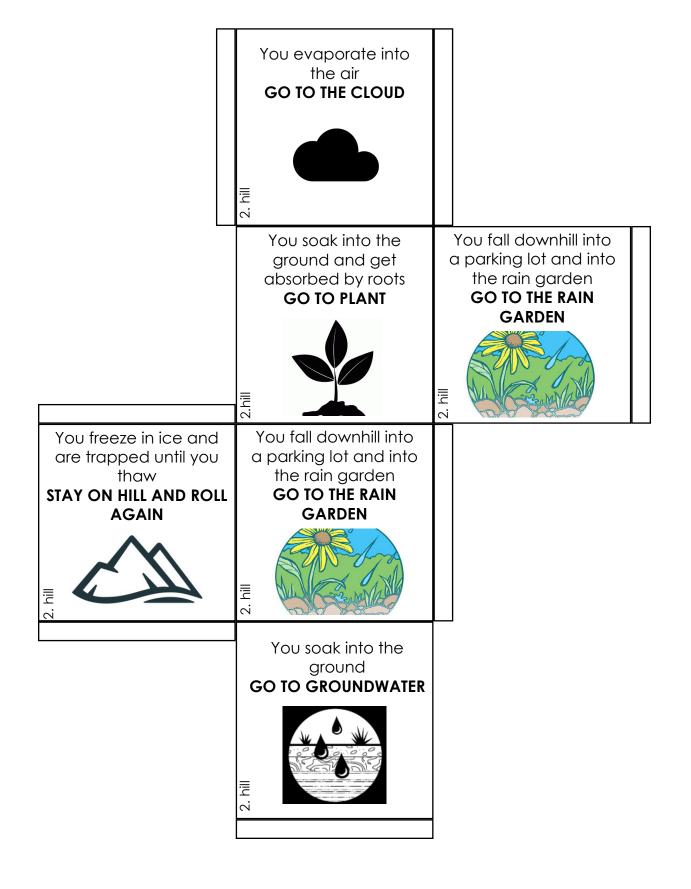


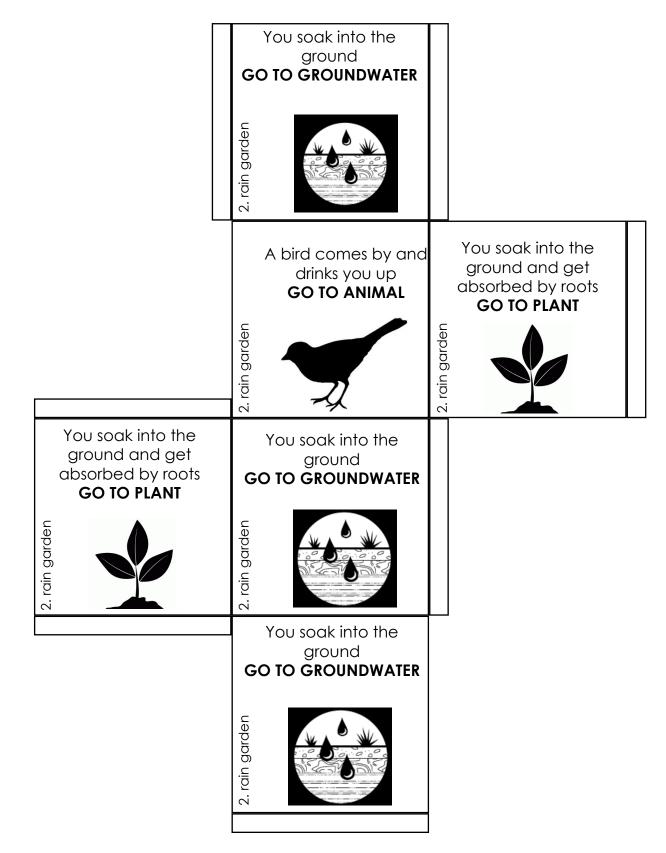


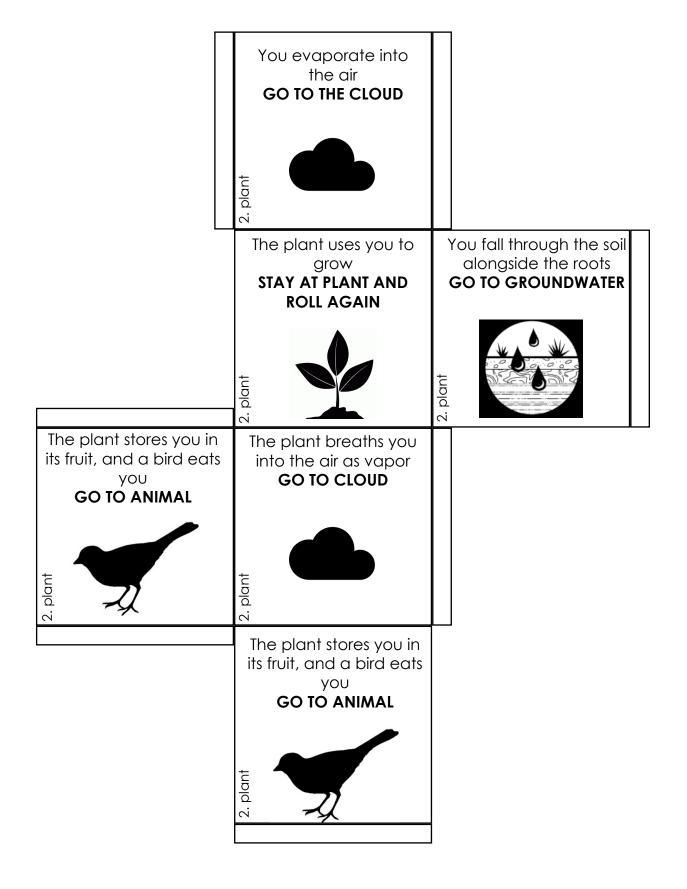












Additional Resource Guides

- Washtenaw County Rain Garden website www.washtenaw.org/raingardens
- Washtenaw County sample gardens for different light and soil requirements
- 3 "The Blue Thumb guide to Rain Gardens: Design and Installation for Homeowners in the Upper Midwest". Rusty Schmidt, Dan Shaw, and David Dods. Available by emailing: raingardens@yahoo.com, via Amazon or from the Minnesota Sea Grant
- A Rain garden iPhone App, by UCONN, CT Sea Grant, Connecticut Cooperative Extension & CLEAR program. You must choose a state and Michigan isn't listed as an option so choose Connecticut
- 5 Rain Garden Manual Ohio County Rain Garden Manual
- Wisconsin Extension Pamphlet Rain Gardens, a How To Manual for Homeowners
- 7 "Lakescaping for Wildlife" Minnesota Department of Natural Resources. Available via Amazon, or directly from the Minnesota State Bookstore
- Rain Garden Forum: www.wildlifegardeners.org tinyurl.com/MRGforum